

Y. 1629. 1629.

A new Almanacke and Prognostication, with the Forraigne Computation, seruing for the yeere of our Lord and Sauiour Iesus Christ. 1629.

Being the first yeere after the Bissextile or Leape yeare.

Beatiied for the Elevation of the Hole Articke, and Meridian of the ancient and famous Cittie of Norwich:

And may serue generally for the most parts of great Britaine,

Practised, penned, and published,
by John Nene, Gent.

LONDON,
Printed for the Company of
Stationers.

THE CONTENTS OF THIS DOUBLE KALENDAR FOR THE YEERE OF
 OUR LOR'D GOD 1629: WHICH IS THE FIRST YEERE AFTER THE BIS-
 SEXTILE OR LEAPE YEERE, ACCORDING TO THE ACCOUNT
 & COMPUTATION OF THE CHURCH OF ENGLAND.

BRITISH
MUSEUM

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The space betweene Christmas and Shrone-sunday is, 7. weebees and thre dayes.	
Shrone-sunday	February,
Easter day	Aprill,
Ascension day	May,
Whitsunday	May,
Aduent sunday	Nouember,
Betweene Trinity and Aduent are Sundayes	25
Betweene Easter and Ascension is 5. weebees & 3. dayes.	
Betweene Whitsunday & Midsummer, is 4. weebees and 2. dayes.	
Betweene Midsum. & Barthol. is 8. weebees & 4. dayes.	
Between Barthol. & All saints, is 9. weebees & 3. dayes.	

The Forraine Computation.

The Prime or Golden number	15
The Circle of the Sunne	14
The Epact	5
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The Romane Indication	12
Shrone-sunday	February,
Easter day	Aprill,
Ascension day	May,
Whitsunday	June,
Aduent sunday	December,
The space betweene Christmas and Shrone-sunday is 8. weebees and 6. dayes.	

A briefe and necessarie Computation of yeeres.

From the Creation of the world vntill this yeere	5599
of our Lord God, 1619.	5
From the Creation vntill the Floud,	1656
From the Floud to Christ,	2336
From Moses to Christ.	1514
Since the promise made to Abraham,	3575
Since the Israclites departed out of Egypt,	3145
Since the destruction of Troy,	2811
Since Brute entred this Iland,	2736
Since the building of the Temple of Salomon,	2665
Since the buiding of the Cittie of Rome,	2379
Since Nabuchadonosor the King,	2377
Since Alexander the Great dyed,	1953
Since Iulias Cesar slaine with bodkins,	1678
Since the happie Birth of our Saviour Christ,	1629
Since Ierusalem destroyed by Titus Vespasian,	1556
Since England received the Christian Faith,	1449
Since the Danes entred England,	611
Since the Conquest of England by the Normans,	562
Since the Science of Printing was inuentioned	169
Since King Henry the VIII. wonne Bolloigne,	85
Since Kettes Rebellion at Norwich,	79
Since the infectious sweating sickenes;	72
Since St. Pauls steeple fiered by lightning,	68
Since the great Plague at Newhauen,	66
Since the Earles Rebellion in the North,	60
Since the blazing starre and frosty Winter,	57
Since the fierie appetition in the heauens,	55
Since the deepe snow,	49
Since the generall earth-quake in England,	48
Since the Campe at Tilbury in Essex,	40
Since the last earth-quake in England,	27
Since the Gun-pouder treason.	24
Our Kings Maiesties Raigne, whom the King of heauen graunt long and properously to Raigne ouer vs, Amen.	5

The Anatomic of Mans body, as the parts
thereof are gouerned by the 12.
celestiall Signes.

♈ Aries, Head and Face.

♉ Taurus.
Necke and
thzoat.

♊ Cancer.
Brest, Stomach & ribs.

♋ Virgo,
Bowlens and
belly.

♏ Scorpio.
Secret me-
bers.

♑ Capricor.
The Knees.



♊ Gemini.
Armes and
shoulders.

♌ Leo,
Heart and
backe.

♎ Libra.
Reines and
loynes.

♐ Sagitar.
the Thighs.

♒ Aquar.
The Legs.

♓ Pisces, The feete.

The Characters of the Signes, Planets,
and Aspects.

♈ Aries, ♉ Taurus, ♊ Gemini, ♋ Cancer, ♌ Leo,
♏ Virgo, ♎ Libra, ♏ Scorpio, ♐ Sagittarius, ♑ Capri-
cornus, ♓ Aquarius, ♕ Pisces, ♖ Saturne, ♐ Jupiter,
♂ Mars, ♑ Sol, ♑ Venus, ♑ Mercurie, ♑ Luna, ♑ Con-
junction, ♑ Sextile, ♑ Quadrat, ♑ Trine, ♑ Oppo-
sition.

January hath xxij. dayes.

Now if your body in health you'l keepe,
Warne meate for it is very meete:
Fly Physicke, Sloth, and Venery:
Auoid all bathes most carefully.

1 a	New yee. d.	Leo	18	11	d	
2 b	Oct. of St. Virgo	3	12	e	C	Last quart-
3 c	Octa. John Virgo	17	13	f	ter the 6. day 2 ⁹	
4 D	Oct. Innoc. Libra	1	14 ⁵	g	min. after 7. of	
5 e	Ed. Depos. Libra	15	15	a	the clock in the	
6 f	Twelf-day Libra	28	16	b	morning.	
7 g	Lucian pti. Scorp.	11	17	c		
8 a	Agapite vir. Scorp.	24	18	d		
9 b	Paul Her. Sagit.	6	19	e	●	New moone
10 c	pol in Aqua.	Sagit.	18	20	f	the 14. day 55.
11 D	1. su. aft. epi. Capri.	0	21 ⁵	g	min. after 10. of	
12 e	Arch. mar. Capri.	11	22	a	the clocke in the	
13 f	Wed. come in Cap.	23	23	b	forenoone.	
14 g	Felic. priest. Aqua.	5	24	c		
15 a	Maurice. Aquar.	16	25	d	Con. of Paul.	
16 b	Marcellus. Aquar.	28	26	e		
17 c	Anthony de. Pisces	10	27	f		
18 D	2. su. aft. epi. Pisces	22	28 ⁵	g	●	First quart-
19 e	Wolshan bi. Aries	5	29	a	ter the 22. day at	
20 f	Fabi. & Hr. Aries	18	30	b	7. of the clocke	
21 g	Agnes virg. Taur.	1	31	c	in the morning.	
22 a	Vincent m. Taur.	14	1	d	Feb. 11. y.	
23 b	Terme beg. Taur.	28	2	e	Con. of Mar.	
24 c	Timothie Gem.	13	3	f		
25 D	Con. of Pau Gem.	27	4 ⁵	g		
26 e	Policarpe. Cancer	12	5	a	●	Full moone
27 f	Julian. Cancer	27	6	b	the 28. day 17.	
28 g	Ulerius. b. Leo	12	7	c	min. after 11. of	
29 a	Theo. mar. Leo	27	8	d	the clo. at night.	
30 b	Wacild Nu. Virgo	11	9	e		
31 c	Wict. & Ha. Virgo	6	10	f		

February hath xxvij dayes.

This month as yet no Phisicke vse,
For feare that you your selfe abuse:
Bleede not, nor bathe, be rulde by me,
Except vpon necessitie.

1	D	Septuag. fast	Lib.	10	I	I	G	
2	e	Vertu. of M.	Lib.	23	12	a		Last quarter
3	f	Wed. goe out	Hco.	6	13	b		the 4. day 55.
4	g	Gilbert con.	Hco.	19	14	c		min. after 11. of
5	a	Agathe vir.	Hag.	2	15	d		the clocke at
6	b	Ambrose	Hagi.	14.	16	e		night.
7	c	Amasius bi.	Hagit.	26	17	f		
8	D	Sexagesima	Cap.	8	18		G	New moone
9	e	sol. in Pilces	Cap.	20	19	a		the 13. day 17.
10	f	Hcolasti vi.	Aqua.	2	20	b		min. after 5. of
11	g	Eustagie	Aqu.	14	21	c		the clocke in the
12	a	Erinc end	Aqua.	26	22	d		morning.
13	b	Wolston bi.	Pisc.	8	23	e		
14	c	Valentine	Pisc.	20	24	f		Mathias Apost.
15	D	Shrouclun.	Aries	2	25	G		First qu. the
16	e	Julian vir.	Aries	14	26	a		20. day, 10 m. af-
17	f	Policron	Aries	27	27	b		ter 5. of the clock
18	g	Himeon	Tau.	11	28	c		at night.
19	a	Sabine	Tau.	24	I	d		March, 1619.
20	b	Mildred	Gem.	8	2	e		
21	c	70. martyrs	Gem.	22	3	f		
22	D	i. sun. in tent	Can.	7	4	G		Full moone
23	e	Policarp. fa	Can.	21	5	a		the 27. day 35.
24	f	Mathias A	Leo	7	6	b		min. after 8. of
25	g	Ember loee.	Leo	21	7	c		the clock in the
26	a	Hestor mar	Vir.	6	8	d		morning. .
27	b	August. bish	Vir.	20	9	e		
28	c	Olwald bi.	Lib.	4	10	f		

March hath xxxij. dayes.

Now March begins the Springing time,
The Sunne hath got the equall line:
Use Phisickes Art, and all thy skill,
To helpe diseases that be ill.

1	D	2. sun. in lent	Lib.	18	11	5	C	Last quart.
2	e	Chadde bi.	Scro.	1	12	a	ccr the 6. day 40.	
3	f	Maurice	Scro.	14	13	b	min. after 6. vi.	
4	g	Adrian	Scro.	27	14	c	the clocke at	
5	a	Foca. & Eul.	Hagit.	10	15	d	night.	
6	b	Victor & Vi.	Hagit.	22	16	e		
7	c	Perpetuus	Cap.	4	17	f		
8	D	3. sun. in lent	Cap.	17	18	5	● New moon	
9	e	40. martyrs	Cap.	29	19	a	the 14. day 59.	
10	f	Agapit vir.	Aqu.	11	20	b	min. after 8. vi.	
11	g	Sol in Aries.	Aqu.	23	21	c	the clocke at	
12	a	Gregorit b.	Pisc.	5	22	d	night.	
13	b	Theodoze	Pisc.	17	23	e		
14	c	Candide	Pisc.	29	24	f		
15	D	4. su. in lent	Aries	12	25	5	■ Brum. of Ma.	
16	e	Boniface b.	Aries	24	26	a		
17	f	Gertrude	Tau.	7	27	b	● first quart.	
18	g	Edward k.	Tau.	21	28	c	the 22. day 49. m.	
19	a	Jos. & hu.	Gem.	4	29	d	before 1. of the	
20	b	Cutbert	Gem.	18	30	e	clocke in the mo-	
21	c	Benedictus Can.		3	31	f	ning.	
22	D	5. su. in lent	Can.	17	1	5	■ April, 1623.	
23	e	Theodoze	Leo	2	2	a		
24	f	Botuiph fa.	Leo	16	3	b		
25	g	Ann. of M.	Virg.	1	4	c	● full moon	
26	a	Castor mar	Virg.	15	5	d	the 28. day 28.	
27	b	Init. Reg. Cat	Vir.	29	6	e	min. after 8. vi.	
28	c	Porosthic b.	Lib.	13	7	f	the clocke at	
29	D	Malme sun.	Lib.	26	8	5	night.	
30	e	Quintine	Scorp.	9	9	a		
31	f	Adelme	Scorp.	22	10	b		

Aprill hath xxx. dayes.

This Aprill with his stormie shoures,
Doth make the earth yeeld pleasant flowres :
Purge well therefore : for it is good,
To helpe thy body, and cleanse thy blood.

1	g	Gildard.	Hagit.	5	c	1	C	Last quar-
2	a	Mary Egt.	Hagi.	17	d	12		ter the 5. day 56.
3	b	Richard bi.	Capr.	0	e	13		min. after one of
4	c	Ambrose.	Capr.	12	f	14		the slack in the
5	D	Easter day	Capr.	24	G	15		Easter day.
6	e	Sextus bi.	Aqua.	6	a	16		afternoone.
7	f	Euphemia	Aqua.	18	b	17		
8	g	Egissippus	Pisc.	1	c	18		
9	a	Perpetuus.	Pisc.	13	d	19		
10	b	Tulip. bish.	Pisc.	25	e	20	●	New maone
11	c	Sol in Tau	Aries	8	f	21		the 13. day 26.
12	D	I. su. aft. ea.	Aries	21	G	22		min. after 9. of
13	e	Wed. com. in	Tau.	4	a	23		the clocke in the
14	f	Cliffe.	Tau.	17	b	24		kozenoone.
15	g	Oswald ar.	Gem.	1	c	25		
16	a	Ilidoze bi.	Gem.	15	d	26		
17	b	Cosmy	Gem.	29	e	27	●	first quar-
18	c	Galerian.	Can.	13	f	28		ter the 20. day
19	D	Iz. su. aft. ea.	Can.	28	G	29		49. min. after 6.
20	e	Victor bish.	Leo	12	a	30		of the clocke in
21	f	Simeon bi.	Leo	27	b	1		the morning.
22	g	Cerme beg.	Virg.	11	c	2		
23	a	S. George.	Virg.	25	d	3		App.
24	b	Wiftride.	Lib.	9	e	4		
25	c	Warka euia	Lib.	22	f	5		
26	D	Iz. su. aft. ea.	Scor.	5	G	6	●	full moone
27	e	Clement bi.	Scor.	18	a	7		the 27. day 58.
28	f	Uicalis bi.	Hagit.	1	b	8		min. after 7. of
29	g	Peter of mil	Hagi.	13	c	9		the clocke in the
30	a	Erkinwald	Hagi.	25	d	10		morning.

Now gallant May in his array,
Doth make the field pleasant and gay :
Walke early now for thy healths sake,
And still thou maist some Phisicke take.

1	b	Phil & Jac.	Capri.	7	11	e	● Last quarter
2	c	Athanasius	Capri.	19	12	f	the 5. day 30. mi.
3	D	Inue. Cru.	Aqua.	2	13	G	after 8. of the clo.
4	e	Florian	Aquar.	14	14	a	in the morning.
5	f	Goddard	Aquar.	26	15	b	
6	g	John port. lat.	Pisces	8	16	c	
7	a	John of Be	Pisces	21	17	d	
8	b	Ap. of Nic.	Aries	3	18	e	
9	c	Theophilus	Aries	16	19	f	● New moone
10	D	Bagatton fu	Aries	29	20	G	the 12. day 30.
11	e	Wed. goz out	Tau.	13	21	a	min. after 7. of
12	f	Sol in Gemin	Tau.	26	22	b	the clocke at
13	g	Boniface	Gem.	10	23	c	night.
14	a	Ascension d.	Gem.	25	24	d	Ascension day.
15	b	Isidore	Cancer	9	25	e	
16	c	Brandon bi	Can.	24	26	f	
17	D	Tra. Barn.	Leo	9	27	G	● First quar-
18	e	Termie ends	Leo	23	28	a	ter the 19. day
19	f	Bernardine	Virgo	8	29	b	20. min. after 12.
20	g	Helen queen	Virgo	22	30	c	of the clocke in
21	a	Julian virg	Libra	5	31	d	the fozenoone.
22	b	Desdder ma.	Libra	19	1	e	June, 1629.
23	c	Tran. of M	Scorp.	2	2	f	
24	D	Whitlunda.	Scorp.	15	3	G	Whitsunday.
25	e	Anaust of en	Scorp.	27	4	a	
26	f	H. Bede	Sagit.	10	5	b	● Full moone.
27	g	Ember wee	Sagit.	22	6	c	the 26. day 9. of
28	a	Cozon bish.	Capri.	4	7	d	the clocke at
29	b	Nicomede	Cap.	16	8	e	night.
30	c	Felix bishop	Cap.	28	9	f	
31	D	Trinity iu.	Aquar.	9	10	G	Trinity sonda.

June hath xxx. dayes.

This month of Iune vse clarified whay,
Boyl'd with coole hearbs, drinke alway :
From violent exercise now abstaine,
Except thou wilt in trouble remaine.

1	e	Med com in	Aqua.	21	11	a	
2	f	Marcellus	Pisces	4	12	b	¶ Last quart-
3	g	Erasmus	Pisces	16	13	c	ter the 4. day a-
4	a	Petrocius	Pisces	28	14	d	bout midnight.
5	b	Erme bag.	Aries	11	15	e	
6	c	Melone	Aries	24	16	f	
7	D	Wolstone	Tau.	7	17	g	● New moone
8	e	Med. & Gi.	Tau.	21	18	a	the 11. day about
9	f	Tra. of Ed.	Gem.	5	19	b	4. of the clocke in
10	g	Julian conf.	Gem.	19	20	c	the morning.
11	a	Barnabe	Can.	4	21	d	
12	b	Solin Cancer	Can.	19	22	e	
13	c	Anton.conf.	Leo	3	23	f	
14	D	z.su.af.tri.	Leo	18	24	g	John Baptis.
15	e	Uite & Mo.	Vir.	3	25	a	
16	f	Bassil bishop	Vir.	18	26	b	First quart-
17	g	Botolph	Lib.	2	27	c	ter the 17. day
18	a	Exuper	Lib.	15	28	d	44. min. after 6.
19	b	Geruatius	Lib.	29	29	e	of the clocke at
20	c	Tra. of Ed.	Scor.	12	30	f	night,
21	D	z.su. af. tri.	Scor.	25	1	g	July, 1629.
22	e	Albane mar.	Hag.	7	2	a	
23	f	Andrie faul	Hag.	19	3	b	
24	g	John Bapt	Capri.	1	4	c	
25	a	Terri & end	Cap.	13	5	d	¶ Full moone
26	b	John & Pau	Capri.	25	6	e	the 25. day 20.
27	c	Cresc. mart.	Aqua.	6	7	f	min. after 11. of
28	D	z.su. af. t. fa	Aqua.	18	8	g	the clocke in the
29	e	Wter & ooth	Pisc.	0	9	a	fozenoone,
30	f	Com. of Pa.	Pisc.	12	10	b	

July hath xxij. dayes.

Now in July Dog dayes begin,
The Riuers are best to bathe in :
To take hot drinke be not too bold,
But vse hearbes which be moist and cold.

1	g	Octa. of Jo.	Pisc.	24	11	c	C Last quarter the 3. day 20. min. after 2. of the clocke in the afternoone.
2	a	Visit. of M.	Aries	6	12	d	
3	b	Tran. of E.	Aries	19	13	e	
4	c	Tra. of M.	Tau.	2	14	f	
5	D	8. sun. af. tri.	Tau.	15	15	G	
6	e	Octa. of Pe.	Tau.	29	16	a	
7	f	Martialis	Gem.	13	17	b	
8	g	Chillian	Gem.	28	18	c	
9	a	Cirill bish.	Can.	12	19	d	
10	b	7. Hrethren	Can.	27	20	e	
11	c	Tra. of Ben	Leo	12	21	f	D New moone the 10. day 11. min. after 11. of the clocke in the morning.
12	D	6. su. af. tri.	Leo	27	22	G	
13	e	Sol. in Leo.	Virg.	12	23	a	
14	f	Reuell	Virg.	27	24	b	
15	g	Tra. of Su.	Lib.	11	25	c	
16	a	Tr. of Dslm	Lib.	25	26	d	James I post.
17	b	Kenelme K.	Hco.	8	27	e	
18	c	Arnolph bish.	Hco.	21	28	f	
19	D	Dog da. beg.	Hag.	4	29	G	
20	e	Margar. bish	Hag.	16	30	a	
21	f	Praxe virg.	Hag.	29	31	b	
22	g	Mary Mag	Capri.	10	1	c	
23	a	Appoline bish.	Capri.	22	2	d	
24	b	Christ. last.	Aqu.	4	3	e	
25	c	James I po.	Aqu.	15	4	f	D First quarter the 17. day 3. of the clocke in the morning.
26	D	8. sun. af. tri.	Aqu.	27	5	G	
27	e	7. Sleepers	Pisc.	9	6	a	
28	t	Hamson bish.	Pisc.	21	7	b	
29	g	Fe. & his fel.	Aries	3	8	c	
30	a	2. bd. & Hen.	Aries	15	9	d	
31	b	German. bish.	Aries	28	10	e	

August, 1629.

• Full moone the 25. day 45. minutes after 2. of the clocke in the morning.

August hath xxxij. dayes.

This month of August take good heed:
 For now will many surfets breed:
 Let little sleepe the now coatent,
 I that diseases thou'l preuent.

1	c	Lammes	Taur.	11	11	f	C	Last quarter
2	D	9.su. af. tri.	Taur.	24	12	G	the 2. day 34.	
3	e	Inuent. St.	Gem.	8	13	a	min. after 1. of	
4	f	Justine prie	Gem.	22	14	b	the clocke in the	
5	g		Cancer	6	15	c	morning.	
6	a	Transfigur	Cancer	21	16	d		
7	b	Feast of Je.	Leo	6	17	e	● New moone	
8	c	Ciri. & his	Leo	21	18	f	the 8. day 21. mi-	
9	D	10.su. af. tri.	Virg.	6	19	G	nats after 6. of	
10	e	Lawren. m.	Virg.	21	20	a	the clocke at	
11	f	Tiburti. m	Libra	5	21	b	night.	
12	g	Clare virg	Libra	19	22	c		
13	a	Sol in virgo.	Scor.	3	23	d	○ First quar-	
14	b	Eusebius	Scor.	17	24	e	ter the 15. day	
15	c	Assun. M. 1. Diz.		0	25	f	40. min. after 2.	
16	D	11.su. af. tri.	Diz.	13	26	G	of the clocke in	
17	e	Dx. Lawre.	Diz.	25	27	a	the after noone.	
18	f	Agapit virg	Cap.	7	28	b	● Full moone	
19	g	Migraus. m.	Cap.	19	29	c	the 23. day 30.	
20	a	Lewes bish.	Aqua.	1	30	d	mi. after 6. of the	
21	b	Wernard	Aqua.	12	31	e	clocke at night.	
22	c	Petracius	Aqua.	25	1	f	September, 1629.	
23	D	12.s. af. t. sa.	Pisces	16	2	G		
24	e	Barthol. Ap	Pisces	18	3	a	C Last quarter	
25	f	Lewes kin.	Pries	0	4	b	the 31. day 12.	
26	g	Dix da. end	Pries	11	5	c	min. after 11 of	
27	a	Ruyn mar.	Pries	24	6	d	the clocke in the	
28	b	August. bish.	Taur.	7	7	e	morning.	
29	c	Decol. of Jo	Taur.	20	8	f		
30	D	13.su. af. tri.	Gem.	3	9	G		
31	e	Cutburgz b.	Gem.	17	10	a		

September hath xxx. dayes.

Now maist thou Phisicke safelē take,
And bleed and bathe for thy healths sake:
Eate Figges and Grapes and spicerie,
For to refresh thy members dry.

1	f	Giles abbot	Can.	1	1	b	● New moone
2	g	Antho. mar	Can.	15	12	c	the 7. day 20. min=
3	a	Gregory	Leo	0	13	d	nutes after 2. of
4	b	Tra. of Cu.	Leo	15	14	e	the clocke in the
5	c	Hercules	Leo	29	15	f	morning.
6	D	14. su af. tri	Vir.	14	16	G	○ First quart-
7	e	Elizabeth	Virg.	29	17	a	ter the 14. day
8	f	Mat. of. M.	Libra	13	18	b	20. min. after 6.
9	g	Gorgon. ma.	Libra	28	19	c	of the clocke in
10	a	Stiluus bi.	Scor.	11	20	d	the morning.
11	b	Proth & Ja.	Scor.	25	21	e	Matthew Apost.
12	c	Amaritia	Hagit.	8	22	f	
13	D	Sol. in Lib. a.	Hagi.	21	23	G	
14	e	Holy Crosse	Capri.	3	24	a	● Full moone
15	f	Edith virg.	Capri.	15	25	b	the 22. day about
16	g	Ember wee	Cap.	28	26	c	10. of the clocke
17	a	Vict. & Cor.	Aquar.	11	27	d	in the fozenoone.
18	b	Januariem.	Aquar.	22	28	e	
19	c	Eustace	Pisces	4	29	f	Michael Trch.
20	D	16. su af. tri.	Pisces	15	30	G	
21	e	Mathew. A.	Pisces	27	1	a	October, 1519.
22	f	Maurice	Aries	9	2	b	
23	g	Tecla virg.	Aries	22	3	c	
24	a	Endoch mar	Tau.	4	4	d	○ Last quarter
25	b	Firmin bish.	Tau	17	5	e	the 29. day 20.
26	c	Cipri. & Ju.	Gem.	0	6	f	min. after 7. of
27	D	17. su. af. tri.	Gem.	13	7	G	the clocke at
28	e	Exuper bi.	Gem.	27	8	a	night.
29	f	Micha. Trc.	Can.	11	9	b	
30	g	Hierome pvt	Can.	25	10	c	

This month hot drinke and meates be good,
To keepe thy health and nourish thy blood:
Prouide warme cloathes and goe dry,
Thou shalt escape much danger thereby.

1	a	Remigius	Leo	10	II	d	
2	b	Leoda, bish.	Leo	24	II	e	
3	c	Candide m.	Virgo	9	13	f	
4	d	18. su.af. tr.	Virgo	24	14	g	● New moone the 6. day 13. minutes after high
5	e	Apolinariu.	Libra	8	15	a	
6	f	Faith virg.	Libra	22	16	b	noone,
7	g	Mar. & mar.	Scorp.	6	17	c	
8	a	Pelagie vir	Scorp.	19	18	d	Luke Euangel.
9	b	Erne beq.	Sag.	3	19	e	
10	c	Gereb & Vi.	Sag.	16	20	f	● First quart-
11	d	19. su.af. tri.	Sag.	28	21	g	ter the 14. day
12	e	Wilfride bi.	Cap.	11	22	a	12. min. after 1.
13	f	Era, of Ed.	Cap.	23	23	b	of the clocke in
14	g	1. in Scorp	Aqua.	5	24	c	the morning.
15	a	Golfron	Aqua.	17	25	d	
16	b	Wich.moun	Pisces	0	26	e	
17	c	Era, of Eth	Pisces	12	27	f	● full moone
18	d	2. in Euau	Pisces	24	28	g	the 22. day at 1.
19	e	Frodelwick.	Aries	6	29	a	of the clocke in
20	f	Austrebert	Aries	18	30	b	the morning.
21	g	11. m. virgi.	Taur.	1	31	c	
22	a	Mary Sa.	Taur.	14	1	d	Nouember, 1619.
23	b	Roman arc.	Taur.	27	2	e	
24	c	Magloz, bi.	Gem.	10	3	f	● Last quarter
25	d	21. su.af. tri.	Gem.	24	4	g	the 29. day 42.
26	e	Ursula	Cancer	7	5	a	min. after 3. of
27	f	Florence fa.	Cancer	22	6	b	the clocke in the
28	g	2. in J.	Leo	6	7	c	morning.
29	a	Narcissus	Leo	20	8	d	
30	b	German.	Virgo	5	9	e	
31	c	Quint. fast	Virgo	19	10	f	

Now maist thou drinke sweet wines freely,
And vse good mirth and Companie:
Abstaine from wrath and all enuie,
And vse thy brethren charitablie.

1	D	All Saints	Lib.	4	11	15	●	New moone
2	e	All soules	Lib.	18	12	a	●	First quart- er the 12. day
3	f	Genefride	Scō.	1	13	b	the 5. day	50. m.
4	g	Amantius	Scō.	15	14	c	in the morning.	
5	a	Capras son	Scō.	28	15	d		
6	b	Leonard	Hag.	11	16	e		
7	c	Wilfrid bt.	Hag.	24	17	f	●	First quart- er the 12. day
8	D	23.su.af.tri	Cap.	6	18	15	●	
9	e	Theodozem	Cap.	18	19	a	12. min. after	
10	f	Wenner	Aqu.	1	20	b	10. of the clocke	
11	g	Martin bt.	Aqu.	13	21	c	at night.	
12	a	Brice bishop	Aqu.	25	22	d		
13	b	24. in Sagit.	Pisc.	7	23	e		
14	c	Tra. of Et.	Pisc.	19	24	f	●	Full moone
15	D	24.su.af.tri.	Aries	2	25	15	the 20. day	17.
16	e	Edmund ar.	Aries	14	26	a	minut. after 3.	
17	f	S. Hugh. b.	Aries	27	27	b	of the clocke in	
18	g	Ota. of M.	Tau.	10	28	c	the afternoone.	
19	a	Nat. Reg. Car	Tau.	23	29	d		
20	b	Edmund R.	Gem.	5	30	e		
21	c	Pres. of M.	Gem.	20	1	f	December, 1629.	
22	D	25.su. af. tr.	Can.	4	2	15	Educatusday.	
23	e	Clement bt.	Can.	18	3	a		
24	f	Grisogonm.	Leo	2	4	b	●	Last quart- er the 27. day
25	g	Katherin bt	Leo	17	5	c	about 10. of the	
26	a	Linus bish.	Vir.	1	6	d	clock in the fore- noone and 50.mi- nutes.	
27	b	Agricola	Vir.	16	7	e		
28	c	Terme ends	Lib.	0	8	f		
29	D	Abue. su. fa.	Lib.	14	9	15		
30	e	Androlo Sp.	Lib.	28	10	a		

December hath xxxij. dayes.

This month, as I doe now remember,
The twenty ffe of this December,
Our Sauiour Christ was borne that day,
That we might praise his name alway.

1	f	Wed. goe out	Scor.	11	11	b	
2	g	Libanus m.	Scor.	25	12	c	● New moone
3	a	Depo. of Os	Hag.	7	13	d	the 4. day 22. mi-
4	b	Barbara vi.	Hag.	20	14	e	nutes, after 4. of
5	c	Habbin abb.	Cap.	2	15	f	the clocke in the
6	D	z. su. in adu.	Cap.	14	16	G	afternoone.
7	e	Dota. of An.	Cap.	27	17	a	
8	f	Conc. of Ma	Aquar.	9	18	b	
9	g	Ciprian abb	Aqua.	21	19	c	● Fir ^t quart-
10	a	Eulalie vir.	Pisc.	3	20	d	ter the 12. day
11	b	Damast. vi.	Pisc.	15	21	e	34. min. after 7.
12	c	solan C p.	Pisce.	27	22	f	of the clocke at
13	D	z. su. in adu.	Pries	9	23	G	night,
14	e	Othelie vir.	Pries	22	24	a	
15	f	Valerian	Tau.	5	25	b	Christmas,
16	g	Ember wec	Tau.	28	26	c	epyn mar.
17	a	Lazarus vi.	Gem.	7	27	d	John Euang
18	b	Gratian vi.	Gem.	15	28	e	Innocents.
19	c	Venetia vir	Gem.	29	29	f	● Full moone
20	D	4. s. in ad. f.	Can.	13	30	G	the 2. day 30. mi.
21	e	Cho. Epiph.	Can.	27	31	a	after 4. of the clo.
22	f	30. martyrs.	Leo	12	1	b	January, 1620.
23	g	Victoria vi.	Leo	27	2	c	in the morning.
24	a	Claudie	Virg.	12	3	d	● Last quart-
25	b	Christmas	Virg.	26	4	e	ter the 26. day
26	c	Stephen m.	Libz.	10	5	f	47. min. after 7.
27	D	John Euanc	Libz.	25	6	G	of the clocke at
28	e	Innocents	Scor.	8	7	a	night.
29	f		Scor.	22	8	b	
30	g	David	Hagit.	4	9	c	
31	a	Silvester b.	Hagit.	17	10	d	

Feue. 1629.

A Prognostication, seruинг
for yeare of our Lord God and
Saviour Iesus Christ.

1629.

Wherein you may obserue, the
groundes of the alteration and condi-
tion of the fourre quarters of this yeaer, &
also the disposition of the Ayrs, for each severall
Moneth, according to the inclination of the Ce-
lestiall bodyes, with the change of the Moone,
and the tyme of the Eclipses: and other na-
tuarie obseruations, Conuenient in
such a worke to bee noted.

Calculated, and especially referred to the
longitude and latitudo of the Pole Articke
of the ancient and famous City of
Norwich, and may serue indiffe-
rently for all England.

Collected and published by
John Neme, Gent.

¶ necessary rule to know the beginning
and ending of every Terme, with their
Returnes.

Hillarie Terme beginneth the 23. date of January, and
endeth the 13. of February, and hath fourte returnes.

Octabis Hillarij. { Crastino Purific.

Quind. Hillarij. { Octabis Purific.

Easter Terme beginneth the 8. h. 7. dapes after Easter, and en-
deith the 9. of May, after Ascencion, and hath 5. Returnes.

Quind. Paschæ. { Menspaschæ. { Quinque paschæ.

Tres paschæ. { Crast. Ascen.

Trinitie Terme beginneth the wednes. vij. after Trini-
tie Sunday, and endeth the wednes. soznight after,
and hath fourte Returnes.

Crast. Trinitatis. { Quind. Trinitatis.

Octabis Trinitatis. { Tres Trinitatis.

Michaelmas Terme beginneth the 9. of October,
and ends the 8. of November, and hath 8 returnes.

Octabis Michael. { Crast. Aomarum.

Quind Michael. { Crast. Martinj.

Tres Michael. { Octabis Martinj.

Mens Michael. { Quind. Martinj.

Note that the Exchequer openeth Eight dapes before
any Terme begins, except Trinity Terme, in which
it openeth but four dapes before.

On these dapes following, the Judges sit not at
Westminster.

Hillarie { Crast. vij. dapes

Easter { Ascension { 8. daps.

Trinitie { Menspaschæ. {

Michael { Octabis Martinj. {

Gertayne

Certaine profitable Rules, and briete obseruations concerning husbandrie.

The best time to sow all kind of corne, is when the moone goeth her course in Cancer.

The best time to plant and graft, when the Moone is in a fixed signe, especially in Taurus or Aquarius, and in the increase of the Moone; which is betweene the change and the full.

To set & sow all kind of seeds, the moone being well seated in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Pisces.

to fell Timber to build withall, when the moone is to-
wards the last quarter, she being then in Aquarius or
Pisces.

Crep trees & fell wood to burne, that the stroke may
the better and stonyer grow againe, when the moone is
in the first quarter.

Rehous and setting young trees, in the last quarter of
the moone, in Taurus, or Capricornus, and that in the
moneths of September, October, November, & Fe-
bruarie.

The best time to geld cattell, the Moone being in
Sagittarius, or Capricornus.

The best time to cut Wines, is in Februarie or
March, the moone increasing, in Taurus, Virgo, or Li-
bra.

The best time to shear sheep, is in the increasing
of the moone; that is from the change to the full.

To cut haye, that it may the sooner grow againe,
the moone increasing Taurus, Virgo, or Libra.

Admonition to shewes that the swedes may not grow
therby; is in the decreasing of the moone; that is from
the full to the change.

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A Prognostication
Of the Eclipses which shall happen this
present yeare of our Lord God, 1629.

The Sunne the great light of Heaven, will suffer
twice the issue and refection of its light, that it vsually
imparts to the Inhabitants of the earth: Where-
of there will bee Two, but neither of them will visibly
appear in this our Horizon.

Of the First Eclipse.

Upon the 11. of June according to the Julian yere
but on the 21. of the same moneth in the Gregorian
yere, will sensibly and visibly appear a great Eclipse
of the bright Globe of the Sunne.

This obscuration of the Sunne will shew it selfe
unto those people that are situated neare unto Bengal
and the regions toward the East, as Siam, Campan,
Camboia, Ma'acca, Iaua major, and other Islands
adjoining, where the degrees of Longitude is about
142 degrees. The quantitie of degrees eclipsed is 13 and 1/2 milde
The totall durance of this Eclipse, will be thre hours
and 3/4 minutes.

Of the Second Eclipse.

There shall visibly a great Eclipse appear of the sun,
unto the Inhabitants which are now situated to-
ward the Southermost part of America, which is
called Peruana, where the Longitude is about the
310 degrees (and the South Latitude 37. degrees) by
the 24. of December according to our computation,
but after the reformed recompt on the 4. of the same
moneth, both the Luminaries began to gittering,
not

not far from Canis draconis. The Degrees required, is 14, and 3, minutes. The total duration of this Eclipse, will be, 4 hours and 52 minutes.

Brieff Rules and Necessarie observations, concerning Bleeding, Bathing, Purging, and sweating, according to the motions of the Moone.

When the weather is either extreme hot or cold, it is not then convenient either to let blood or to purge, unlesse some great necessitie do require it: yet notwithstanding if this bleed letting be for the Phren sic, the Apoplexie, for a continual head-ach proceeding of choller or blood, or any hot burning feuer or other extreme Payne, a man in such a case may not tarry a chosen time, because the patient might miscarrie in the meane season. But in this aforesaid case of extremity, blood is not to be let in such a quantity as otherwise it should, if a chosen time might be expected.

The best time to let the Phlegmaticke blood, is when the Moone is in V. or T. the head, and thighes excepted.

For the Melancholy, the moone being in S. or C. the buttoches and legges excepted.

For the Cholerick, the moone being in G. or X. the breast and frate excepted.

For the Sanguine, all he gude which before is name.

In the spring tyme, let blood at the right side.

In Harvest tyme, let blood at the left side.

For Bathing.

Bathings, are commonly used rather for pleasure then for profit, especially where hat-houres are overmuch haunted: But I must not so speake of them in

A PROGNOSTICATION.

this place, otherwhise then to aduertise thos that tendre their owne health, to be warie and circumspect in resolting vnto them without cause, and immediately after or with such persones as be uncleane. Know that it is not good to bathe when the moone is in earthly signes, as in ♀, ♀, ♀, the reason is, because they are of a cold and dry nature and the nature of cold is to restraine and bind, and so the members being in these signes, the pores of the body are closed and shut, so that there can be no resolution of humours and superfluities, whiche by bathing ought to be a bopped.

But in fiery signes, as when the moone is in ♀, ♀, or ♀, then it is a good time for bathing, for then the body is apt to resolution, for it is the nature of heate to open and reuoie.

It is best bathing 2 or 3 dayes after the change, and at the full of the moone, for then the superfluities are ripe and ready to avoyd, and disposed to flow and issue out, which indeed is the end and vse of bathing.

If any will enter into the bath, onely for cleanness sake, let the moone be in ♀, or ♀.

Furthermore, if Bathing be used for heath, let the partie grieved, learne of the wise Physician, whether his sicknesse bath neede of moistening or dryng, for if it doth require moistening, as in Phthisis, and such like, then let him bathe in watery signes, hauing good aspects of ♀, and ♀. But if the sicknesse require dryng as in Paralysis and the like, then let him bathe, the moone being in fiery signes, hauing good aspects of ♀, and the Sunne.

Also before you enter into any bath, your body must be first purged, for if you go unprepared and unpurged, peraduerture may be made after then before.

The best time of the yere to bathe in, is the Lyng, and Warmed, and in the moneth of May, and September.

The

The best tyme of the purgasse into the Bath, is one
houre past the Sun rising, at the least, alwaies pro-
vided, that you must walke either an houre or halfe an
houre before, and have a shooe either by nature or art:
you must couer your head well sy long as you be in the
Bath, and before you bath be not cold drinke althoough
you be very thirsty, but forbear all things that be cold,
least when you are hot swelte, and did drinke suddeinly
into some yncipial member, and so hurt you.

The tyme of tarrying in the Bath, is commonly one
houre, but it may be more or lesse, according to the na-
ture of the bath, or sicknesse of the partie, at the discre-
on of the wise Physition.

For Purging.

In purg-
ing, these
5. things
ought to
be knowne
1 } The humors which aboundeth.
2 } The best way to auoyd it.
3 } The strength of the person.
4 } The maner of the sicknesse.
5 } The force and nature of the medicine.

For when these things be not considered and obser-
ued, many perillous accidents may follow, and greatly
hurt and grieue the body.

Good signes for purging generally are Cancer, Sco-
pio, and Pisces.

Particularly, as with purgations, in Sco-
pio, purge with electuaries; the moone being in Cancer.
Purge with Halls, the moone being in Pisces.

Take preparations, the Moone being in Cestini, Li-
bra, or Aquarius.

Take someth the 29e day in Aries, Taurus, or
Capricorne.

Take purgatives, the 29e day in Libra, Cancer, or
Capricorne.

To keepe the witternes, the moone in Libra, or Scorpio.

To pronounce wisting, the moone in Cancer, Leo, or Libra.

To stop fluxes, rheumes, and laxes, the moone being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue attractiue, the moone in Aries, Leo, or Sagittarius.

Good to comfort the vertue digestiue, the moone in Gemini, Libra, or Aquarius.

Good to comfort the vertue retentiuie, the moone in Taurus, Virgo, or Capricornus.

Good to comfort the vertue expulsive, the moone in Cancer, Scorpio, or Pisces.

For using of Unguentz or plasters, it is best applyed, when the moone is in that signe whiche governeth the same member or part of the body to whiche it is applicable.

For Sweating.

Sweatings, as they are of two sorts, that is to say, naturall and artificiall, so they are vsed for two ends and purposes: The naturall sweat, if good herbe be taken in opening of the pores, will dissolve grosse and thicke humors, will cleanse the blood, will comfort the spirits, will put away cold, will consume raw humors, qualifie and quench raging feuers, will helpe nummescie and the dyspeſie.

The artificiall sweat, will cleaneſe ſcabs, put away itch, amend dulnes in hearing, eale the ſone, reſolute conialed and cold Melancholy blood and humors, &c.

But for the better performing, and effectuall working in this cauſe, the coniſe of the learned Phyſition is to be deſired and vſed.

The

The best and mettall signes to sweat in, are V. A. and Sagittarius, and that two of thy dayes after the change, and at the full of the moneth.

And note that sweatings is better to be done in the evening then in the morning, for when the body hath nourishment within, the spirits shall not be drawn extremitly sooth to the extreme parts.

Note further, that leane folkes and dry or scelle persons, must sweat little, for it will hurt them much, but fat folkes may sweat frell, and it will doe them much good.

A briefe description of the Foure Quarters of the yere, this yere of our Lord God, 1629.

V. Inter, (which is the chiefeſt capitall for the beginning of the yere, the disgrace of Summer, and the demurer of the fruitfull harwest) began to take his effect, according to our usuall computation, the 22 day of December in the yere aforesaid, at the fift entrance of the Sun into the firt minute of the ſigne V, at which time the Sun ſhall be at his greatest South declination from the Equinoctiall lyne, ſo that he rifeſt South-eaſt, and ſtēch ſouth-west. Now is the higmall of Winter Solſtice, for the Sun is ſo farre remoued from our Zenith, or verticall poynþ, that he cannot decline any further, but ſtands at a ſtop or ſtay, and then is the ſhortest day and longeſt night in the yere, and to this quarter both continue until the 21 of March next following.

This ſeafon is by nature cold and moyst, unpleaſant for the moſt part to trauelers either by Land or ſea, and vnto aged persons, it is very combustious and noſome, cauſing iuuenſtacy of ralueniſſe, and abundance of cold moſtneſſe to overflow their bodies, to their great troubles and diſquietuſſe,

The

The diseases engendred of flagrant che matter and of cold humors, will this quarter affet divers persons as Quartidian fevers, Palpites, Rheums, and harsenes, Gouts, Dropes, and such cold distases as proceed for want of blood.

Thus will the starres, if God assent,
Whose power alone, can all preuent.

Of the Spring.

The Sun (which is the eye of the world, the fountaine of light, and the chiefe Metherator of all the rest of the lights) hath like a Giant run his race, and finished his revolution (Gradatim) throughout the twelve signes, and now beginneth his journey afresh agayne, and goeth a newe course, and so becomes an indifferent Tributer, betwix the day and night, and maketh an equality throughout his whole government, to the great joy and comfort of all his ruined souleyn, chadring with his splendent countenance, the pale afflicted weather-wornе wodes of this cardinall starre of mortalety (which the darkened countenance of winter is extreemelye had almost subdued) with his excellent presence, wherewith the earth begins to florise, and to put on new apparell, the flourishing haires of fresh Floras.

This season is by nature hot and moist, the most temperat time of all the yeare, and the least by a great deale. We shal therfore shew you, what a very convenient time for the remouing of sicknesse and grieses gotten before, and allore and wher are present chole that are to come. For now the dull sensess and spiritis of man and other creatures, are quickned and revivied, and therfore the humors so rich doe abound, and are readiest to repullic nature, are fit to be empied and expoyed, whereth by bloodletting, purgung, or other fables as the hear-

ned Physician shall advise, and as the cause of the disease shall require, such therefore as be diseased, let them not neglect this time.

Sicknes and diseases incident unto this Quarter, are small poxes, measles, paine in the head, tertian fevers, squinancies, possets, itchings, impostumes, and obstructions.

Infections from the Scarres may fall,

But one above doth stay them all.

Of Summers.

Summer the thir'd part of our vulgar yeare, according to our vnyall computation, now when the Sun hath fully determined the Spryng time with his last grade of Gemini, and hath moued in his motion with the highest poynt of his course, namely to the first degrees of Cancer which shall be on the 12 of June. Now is the second solstice of the yeare called estival of Summer Solstice, soz cuen as the Sun when he entreth into Capricorne hath his greatest South declination, from the Equinoctiall line, so now at his ingresse into the beginning of Cancer, he hath his greatest declination towardes the South, from the said Equinoctiall line, and cuen then, as at the time of winter Solstice, he was so far remoued from our verticall poynt, that he could not answere no farther towardes the South, and was therefore to approach againe towards our South Latitude, at which time he semeth to stand: so now being come somwhat out of his course, he cannot moue no further towardes the South, and is therefore to returme againe towardes the South Latitude: At his first going from a bosome semeth also to stand, insomuch that cuen as he semeth to returme towardes his againe he made wit-

A Prognostication.

be the shorkest day and longest night in the yare, so
now at his returne from vs he maketh with vs con-
trarie wise, the longest day and shorkest night in the
yeare: And afterwards declineth more and more from
vs, like as before he moned more towards vs.

This season according to his proper nature is hot
and dry, turning the humors of mens bodies, from
coldnesse and moysture, into heatnesse & drynesse, resem-
bling the Element of Fire, and complexion of choller,
bringing all fruite to their ripenesse, cutteth their fat-
nesse, and men to their wealth.

The infirmitie of this Quarter, are hot burning
Agues, inflamations of the Liver, Pimples of the
face, Jaundies, obstructions, Plurisies, frenesies, and
such like, whiche doe proceed of bloud and Choller.

Though Starres incline to worke vs ill,

All shall be as the maker wyl.

Of the last Quarter called Autumn.

AVEMINE, according to our accustomed computati-
on the last Quarter of this yare, beginneth at the
Sunnes departure from the last scruple of Virgo, into
the first degrée of the second Equinoctiall signe Libra,
the which will be this yare on the 13 of September, the
day and night being of an equali length as in the
Sprynge: At which time is the Autumnaull Equino-
ctiall, together as at the Sunnes entrance into Aries the
day by increasing from the winter Solstice till then,
came to be equal with the night, going on still more
and more till the Summer Solstice, when was the
longest day and shorkest night: So now the night by
increasing from the Estinall Solstice, to this, the sunnes
ingrediance into Libra, hath got to be equal with the
day.

day, and shall increase more and more till the yronall
Hollidays come againe, when the night is longest and
the day shortest.

This time of the yeaire is of it selfe vnconstant, and
variable, warme in the day time, and cold in the night.

This Quarter because of the inequality, of tempe-
rature, may as Hippocrates sayth, be called the mother
or nurse of deadly sicknesse. And Galen sayth, that
this time of the yeaire is very dangerous for taking of
sicknesse.

The diseases of this Quarter, are obstructions,
Housettings, Dwyers, Gouts, Falling Sickness,
and melancholy diseases. The Lord turne all evils
from vs. Amen.

Thus every Planet in his kinde,
Is to performe the Almighies minde.

*A declaration of the inclination of the weather and
winds, according to the diuers motiones & influences of the
erraticall & fixed starres: & with the day, houre, & minute of the
change of the moone, her full, & quarters: & also of the rising &
setting of the Sun, in every 2 day of every moneth of this yeaire.*

Of Januarie.

Day	The Sun riseth.	The Sunne setteth.
1	hou 8 and 3 min.	hou 3 and 57 min.
7	hou 7 and 56 min.	hou 4 and 4 min.
14	hou 7 and 46 min.	hou 4 and 14 min.
21	hou 7 and 34 min.	hou 4 and 26 min.
28	hou 7 and 23 min.	hou 4 and 37 min.

Last quarter the 6. day 55. min: after 6. of the clock
in the morning, wintry weather.

New the 14. day 55. min: after 9. of the clocke in the
evening, some stormie moisture.

First quarter the 22. day 1. min: after 7. of the clock
in the morning, windy, and cloudy.

Full moon the 28. day 17. min: after 1. of the clock
at night, inclined to moisture.

Januaries Abstract.

I **M** this moneth let not blood, neyther ble but little
Physicke, except great necessity constraine the, and
beware of taking cold, for in this moneth Wheatus &
slegme doe much increase: so fall long to hurtfull, but
to drinke white wine fasting is good and wholesome:
ble marts that are naturally hot moderately, and wear
warme clothes.

In wealdy busynes, this moneth you may set all
kind of common fruite trees, or plants, as Pear, Plum,
Cherrie, Filbeard, Walnutt, & such like, Hawchorne,
and all sortes of quicksets; trees or plants, are fittest to
be generally set from the change to the first quarter,

Take away Moste and superfluous branches from
your trees, and this moneth is good so set Beanes,
pease, parsnips, Radish, leekes, garlicke, turneps, and
campiones if the weather be milde, and the moneth past her
full, you may begin to graft at the end of this moneth, so
as the moneth be increasing in her light.

Good husbands also this moneth, crop their trees,
fell timber, and geld cattell, such as may be gelded, the
last of the moneth alwaies considered.

ASTROLOGICALS.

OLD BRUARIE.

Day	The Sun riseth.	The Sun setteth.
1	hou. 7. and 13. min.	hou. 4. & 47 min.
7	hou. 7. and 4. min.	hou. 4. & 56 min.
14	hou. 6. and 50. min.	hou. 5. & 10. min.
21	hou. 6. and 34. min.	hou. 5. & 26. min.
28	hou. 6. and 22. min.	hou. 5. & 38. min.

Last quarter the 4. day 55. min: after 11 in the clock at night, frosty and cold.

New M^oone the 13. day 17. min: after 4. of the clock in the morning, unconstant, and waunting.

First quarter the 20. day at 26 minutes after 5. of the clock at night, frosty and wintry.

Full M^oone the 27. day 45. min: after 3. of the clock in the morning, windy and cloudy.

Febraries Abstrac.

In this moneth, all slime fish, milke of mice, and such like, that doe oppilate or stop the Liver and vaines, or thicken the bloud, are to be eschewed as enemies to health: also yet forbare physicks of letting bloud, except great necessity doe byg^e it & learned counsell doe advise you: beware of taking cold, for now Agnes are apt to be taken, and it is very ill to take heates, and afterwards sudaine cold upon them.

Now is the most apt time to graft, to plant, and to set all kind of trees and bushes, the weather and weather, and the age of the moneth aforhand considered: Pease, Beans, Wallings, Onions, Barlings, and such like, as in January, may very shly be set in the ground of the moneth.

The

The time is now to trim hys Gardens, to set and sow all kind of Kitchen hearbs; to set slips, sow herbes, mulches, radishes, set hyses, vines, cut and prun them, sticke up your rounysall pease, and Hastings.

Of March.

Day	The Sun riseth.	The Sunne setteth.
2	hours 6 and 20 min.	hours 5 and 40. minuts.
7	hours 6 and 8. min.	hours 5 and 52. minuts.
24	hours 5 and 54 min.	hours 5 and 6. minuts.
21	hours 5 and 40 min.	hours 6 and 20. minutes.
28	hours 5 and 26 min.	hours 6 and 34. minutes.

Last quarter the 6. day 20. minuts after 4. of the clocke at night, apt for the season.

Fewe moneth the 14. day 13. minuts after 8. of the clocke at night, inclined to moysture.

First quarter the 22. day 4. minuts before 1. of the clocke in the moerning, stroynyn and vncouenant.

Ful Moneth the 28. day 58. minuts after 7. of the clocke at night, wantyn and stroynyn.

Marches Abstract.

In this moneth the humors of mans body doe begin to increaſe: and now grosse feeding breedeth grosse bloud and humors, and therefore hys meats of good digestion, and ſuch as breed good vapre: it is a good tym to purge and clarifie the bloud by potions, bathings, & bloodletting, or ſuch otherwaies as the learned application ſhall appoint, and as the cauſe of the diſease ſhall require. Nowe vndeſtandt, iuantes and vynches are com-
methable.

mendadis. The time of grafting as yet endureth, together with setting, sowing, prunning, and plashing of vines, hops, followes, oates, field-pease, onions perhaps and such like. &c.

Of April.

Day	The Sun riseth.	The Sunne setteth
1	hou 5 and 18 min.	hou 6 and 42 min.
7	hou 5 and 6 min.	hou 6 and 54 min.
14	hou 5 and 54 min.	hou 7 and 6 min.
21	hou 4 and 39 min.	hou 7 and 31 min.
28	hou 4 and 29 min.	hou 7 and 31 min

Last quarter the 5. day 16. minutes after 1. of the clocke in the afternoon, temperate and seasonable.

New Moone the 13. Day 16. minutes after 9. of the clocke in the forenoon, answerable to the time.

First quarter the 20. day 19. min: after 6. of the clock in the morning, pleasant and faire weather.

Full Moone the 27. day 58. min: after 7. of the clock in the morning, inclined to Appill showers.

April Abstract.

In this moneth of Appill the pores of man's body are opened & apt to receive physicke: & they that reuin the same, I commit them to the benefit of nature, for of all times of the yeare, this is the best time to ypurifie causes of sicknesse, or to sped up remedie in extremitie: Soe nowe nature doth renew strength through all the body, soe where sicknesse happeneth, shee cometh unburdened by meane of physicke: wherefore sothat it cannot be helpe, after it will hardly be helpe, therfore take time sufficient

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time is, &c. As yet you may graft and proune vines, & also set melons, cowcumbers, citrons, hartichokes, and pole by hops. Low barley, Tanners apply themselves to barking of trees, &c.

Of May.

Day	The Sun riseth.	The Sun setteth.
1.	houres 4 and 23 min:	houres 7 and 37 minuts
7.	houres 4 and 13 min:	houres 7 and 45 minuts
14.	houres 4 and 31 min:	houres 7 and 55 minuts
21.	houres 5 and 56 min:	houres 8 and 4 minuts
28.	houres 5 and 50 min:	houres 8 and 10 minuts

Last quarter the 5. day 30 min: after 7. of the clocke in the morning, setting the time.

New moone the 12. day 33 min: after 7. of the clocke at night pleasant weather.

First quarter the 19. day 30 min: after 7. of the clocke in the forenoon, somewhat unconstant.

Full moone the 26. day 16. minuts after 7. of the clocke at night, faire and temperate.

Mayes Abstract.

In this moneth rise early, for May doth not loue any sluggards, & let such as be able, walke into the fields & to eate and drinke betimes is good and wholsome, abstaine from all meates as be of hot nature, & such as be sicke, it is a very good time to be let blood, or take physike. Such as be whole God keepe them so, and such as be sicke, God send them good physitians & physike.

The time is now setting to lowe Walles, marisrom & such fine seeds as before night not be lowone because of the coldnes of y weather, set sage according to the meauerbe, set sage in may and it will last almyng, lowe flax and hemp, set hartichokes, weed your hops and gardens set to your grafts that no superfluous branches hinder them.

them: may dew, rosemary, flowers, and peane flowers, may at your pleasure be distilled this moneth, and now haue a care of watching your hens, also.

Of June.

Day	The Sunneriseth.	The Sunne setteth.
1	hours 3 and 49 minutes	hours 3 and 11 minutes
7	hours 3 and 46 minutes	hours 8 and 14 minutes
14	hours 3 and 47 minutes	hours 8 and 13 minutes
21	hours 3 and 49 minutes	hours 8 and 11 minutes
28	hours 3 and 52 minutes	hours 8 and 8 minutes

Last quarter the 3. day about midnight, windy and unconstant.

New Mone the 11. day about 4. of the cloche in the morning, inclined to wind and raine.

First quarter the 17 day 4. min: after 6. of the cloche at night, temperate and faire.

Full Mone the 25. day 32. min: after 11 of the cloche in the seuenone, somewhat windy.

Iunes Abstract.

In this moneth if thou must needs vse physike, take it in the morning early, that it may haue wrought before the heat of the day, and vse a light and thin diet, for the stomacke is not so able to digest, as in winter or other of the former moneths, it is very good and convenient for some to drinke clarified whey boyled & cold herbes and abstaine from violent exercise: distilling of roses, making of sirrops, & conserues are now in prime, now gather such hearbs as you meane to keep al y eare, but be sure you dry them in y shape. Good husbands & husbands are now swarding their corne & gardens, and other shearing their sheep, y time serveth to set rosemary, & gilliflowers, take heed of cutting hedge, tree, or hearb

With knife, but rather gather them with your fingers,
where you may set saffron, carry out compost, make hay,
rid gardens of snails, ants, pismires.

Of Iulie.

Day	The Sunne riseth.	The Sunne setteth.
1	hours 2 and 54 minu.	hours 8 and 6 minuts.
7	hours 3 and 59 minu.	hours 8 and 1 minuts.
14	hours 4 and 7 minu.	hours 7 and 53 minuts.
21	hours 4 and 20 minu.	hours 7 and 40 minuts.
28	hours 4 and 30 minu.	hours 7 and 30 minuts.

Last quarter the 1. day 32. min: after 2. of the clocke in
the mooring, faire pleasant.

Rede Mone the 10. day 21. min: after 11. of the clock
in the forenoon, very hot weather.

First quarter the 17. day 15. min: after 3. of the clocke
in the mooring, overcasting clouds.

Fall Mone the 25. day 45. min: after 2. of the clocke
in the mooring, faire and temperate.

Iulies Abstract.

In this moneth use cold hearbs, and cold meates, ab-
steyn fro physick, & nowe & winters are more wholesome
then the bathes, let the sun be vp before you walke a-
broad. In the time of any plague or pestilence keepe
your chamber windows shut, opening it when the sun
hath sope of shyning, & be sure to perfume your cham-
bers every evening with Tar put on a chafindish of
coales, then which nothing is better, and let them use
Cardus Benedictus boyled and drunke fasting.

They harness, nowe calleth slacke husbands to worke,
and such as haue leysure, it is good to fallow for wheat,
and to carry out soile, and to gather seedes and flowers,
to keepe all the yeaer, and to dry them in the shade, till
they be almost dry, and then set them a while in the sun,
and manner in like may you use your hearing.

Of August.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 4 and 36 minutes	houres 7 and 24 minutes
7	houres 4 and 48 minutes	houres 7 and 12 minutes
14	houres 5 and 0 minutes	houres 7 and 0 minutes
21	houres 5 and 16 minutes	houres 6 and 44 minutes
28	houres 5 and 27 minutes	houres 6 and 33 minutes

Last quarter the 2 day 34. min: after 2 in the morning, windyp and cloudy.

New Moone the 8. day 41 min: after 6 at night, faire and seasonable.

First quarter the 15. day 27. min: after 3 in the afternoon, some fall of myslure.

Full Moone the 23 day 30. min: after 6 at night, inclined to raine.

Last quarter the 31. day 43. min: before 1 in the morning, fitting the season. Augusts Abstract.

In August, moderate diet is god physick, for now it is very dangerous to surfit, & take god heud of heats & then of colds, for nothing sooner engendreth plurisies And vse not to sleepe much, & especially after noone, for making oppulations, and euoyding of Agues, and the head-ach, and cathartes. And let a man abstayne from physick except great necessity do compell. Now Lady Ceres, likes to haue men enough to attend her. They that would haue god seedes for their Garden the next yeare, must now gather of their owne, least in buying abroad they loose their mony & labour. Such as desire lettice or other hearbs for winter, may sow seedes in the increase of the moone. Of September.

Day	The Sunne riseth.	The Sun setteth.
1	houres 5 and 34 minutes	houres 6 and 26 minutes
7	houres 5 and 46 minutes	houres 6 and 14 minutes
14	houres 6 and 2 minutes	houres 5 and 58 minutes
21	houres 6 and 14 minutes	houres 5 and 46 minutes
28	houres 6 and 28 minutes	houres 5 and 32 minutes

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New Moone the 7. day 49 min. after 2 in the morning, cloudy and windy.

First quarter the 14. day 7. min: after 7 in the morning, fitting the season.

Full Moone the 22. day 11. min: after 10 in the forenoon, inclined to moisture.

Last quarter the 29. day 3. min: after 8 at night, windy and rainy. Septemberes Abstract.

In this Moneth, such as haue need may safely take physike, and also may bath and bleed, in this month all things are in their proper vertue, and such fruits as are ripe and not infected, are good to eate for such as haue good stomaches.

This time is good to make conserue of Barberries, and Quinces, winter hearbs must be now sowne, likewise is the time to set hartichokes, rose trees, apples, peares, wardenes, strawberies, violets, gillyflowers, Apples are to be gathered at the full of the moone, sow parsnips, and in dry weather gather your hoppes: good husbandry is sowing leie, and Wheat; and good hyswuerie is making of herrewe, and plucking of Hemp.

Of October.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 6 and 34 minuts	houres 5 and 26 minuts
7	houres 6 and 46 minuts	houres 5 and 14 minuts
14	houres 7 and 0 minuts	houres 4 and 0 minuts
21	houres 7 and 15 minuts	houres 4 and 45 minuts
28	houres 7 and 6 minuts	houres 4 and 34 minuts
New Moone the 6. day 3; min: after high noone, reasonable temperate.		

First quarter the 14. day 38. min: before 1 in the morning, reasonable indifferent weather.

Full moone the 22. day 14. min: after 1 in the morning, windy and cold.

Last quarter the 29. day 52. min: after 2. in the morning apt for the time. Octobers

Octobers Abstract.

In this moneth thou maist take physick, & also bath
thacione serue, vse hot meates, and drinke, any
good wholesome wine to nourish god blood. And be
ware of taking cold, because the quartane Ague wil be-
apt to be taken, & such other dangerous diseases. Re-
move young trees, as apples, peares, quinces, roses &c.
Set pease, parsnips, &c. Good husbands neede not be
hasted to sowing of wheate; set Nuts, Acornes, and
Fibbers, and to bring of such god husbandry.

Of Nouember.

Day The Sunne riseth. The Sunne riseth.
1 hours 7 and 33 minuts hours 4 and 27 minuts
7 hours 7 and 42 minuts hours 4 and 18 minuts
14 hours 7 and 52 minuts hours 4 and 8 minuts
21 hours 8 and 3 minuts hours 3 and 57 minuts
28 hours 8 and 9 minuts hours 3 and 51 minuts
New Moone the 5 day 9 min: before 1 in the morning;
some snow, or raine.

First quarter the 12 day 5 i. min: after 9 at night, frosty
and cold.

Full Moone the 10 day 7. min: after 3 in the afternoon,
windy and frosty.

Last quarter the 27 day about 10 in the forenoon, win-
terly weather.

Nouembers Abstract.

In Nouember finishe the phisiche that ye meane to
take, & looke till March, except some great necessity
doe constraine you, vse god meates & wholesome fruit
to nourish the blood, provide thee warine cloathing, goe
dry on thy feet, or else make sure account of Rheume
and pale, besidys some other inconuenience that wil
ensue. Beware of the hot-house this moneth, and vse
Betony and Cinammon in drinke.

In this moneth you may remoue young trees, as in
the

A Prognostication.

the last moneth, and set crab-tree stockes to graft upon when you please. It is a good time in the wane of the moone to set pease, beanes, and if the weaþer bee not too hard, it is good sowing of Parsleys, good making of mault, and killing of Beues and swine.

Of December.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 8 and 12 minuts	houres 3 and 48 minuts
7	houres 8 and 14 minuts	houres 3 and 46 minuts
14	houres 8 and 15 minuts	houres 3 and 45 minuts
21	houres 8 and 13 minuts	houres 3 and 48 minuts
28	houres 8 and 7 minuts	houres 3 and 53 minutes
New moone the 4. day 56. min: after 3 in the afternoon, some fail of moisture.		
First quarter the 13. day 34. min: after 6. at night, setting the season.		
Full moone the 10. day 9. min: after 3 in the mozung, subject to moisture.		
Last quarter the 26. day 47. min: after 6. at night, frosty and cold		

December's Abstract.

In this moneth of December, keepe thy body and head from cold, & eate such meates as be of a hot quality, abstayne from Ppyllke, and let thy Kichen bee thy Apothecary: warme cloathing thy Huske, merry company thy keepers: and good hospitality thy exercise.

Remoue Trees & Bushes as aforesaid in November, if the weaþer passe not too extreme. In the wane of the Moone, set Beanes, Pease, & those heaþes that cannot endure the cold, couer them with straw or other provision, from the frost and snow.

Soli sapienti Deo, sola gloria.

FINIS.

